Complete the Reflection Practice Review Form for the goal you have prioritized for this year's Career-long Learning Program (CLP). Keep this form for 5 years in the case that you are required to submit your documentation to RPNAS for verification of the CLP.

If this form does not provide adequate space or you would like to document these components in an alternative way, please do so and retain for 5 years. Ensure all elements covered on this form are covered in your choice of documentation.

Registration Year:

Which Standard(s) of Psychiatric Nursing Practice are you submitting for? (Choose at least one)

> Standard 1: Therapeutic relationships
> Standard 2: Competent, evidence-informed practice
> Standard 3: Professional responsibility and accountability
> Standard 4: Leadership and collaboration in quality psychiatric nursing practice
> Standard 5: Professional ethical practice

Click to access the *Standards of Psychiatric Nursing Practice* directly.

What is your learning goal(s) for the year? Your goal must relate to:

- Your goal must relate to the Standard of Psychiatric Nursing Practice that you selected above which is based on your completed self-assessment.

What learning activities have you chosen and why? What relevance do the activities have to your self-assessment and/or learning goal? Be specific when describing learning activities:

- Include authors, titles, and year of publication of books, articles, and web-based resources
- Include URLs for web-based resources
- Describe courses, workshops, and presentation including name of the activity, where it was taken, and facilitator information
- Describe committees, boards, and other volunteer work including what the goals were
- Describe the focus of preceptorship and mentorship activities (do not include names)

Specific to the standard of practice you selected and its indicators, what did you learn from completing the learning activities you selected?

How have you applied this learning to your practice? (address this question effective 2023)

- How has your practice, your colleagues' practice, and/or the care of clients been improved by your engagement in this learning?
- Describe what indicators of the standard of practice that you are focusing on are met by the completion of this learning.
- If you are not currently practicing, how do you plan to apply this learning into your practice? (Include steps to be taken and changes to advocate for if you are not yet practicing).

Evaluate the effectiveness of the implementation of your learning as described above. Is further learning required or is it required that you adjust your learning goal? (address this question effective 2023)